



## Highland LGBT Social Group



### AUGUST NEWS LETTER

Hi everybody

We hope you are all well and enjoying the summer, in between the showers! We would like to welcome all new members that have joined us this month and hope to see you at future events.

Please remember that this is your social group, so if you have any ideas, or want to help out at any of our events, please contact us.

We would like to take the opportunity to thank all members who have helped out during July's activities, which included...

Diversity day in the Eastgate Centre, where we shared a stall with LGBT Youth Scotland and experienced a good response from the public.

July Coffee Morning. We had a good turnout and it was nice to see a mix of members from the social group, including a member of the T Group. As you know we are trying to encourage the T Group to attend more events and we hope you enjoyed yourself!

Bar Pivo Social Night saw a good turnout, including 2 American guys from Miami who logged on to our website and came along and enjoyed the night.

LGBT Social Group Highland Games stall. This was the first time we have attempted a stall in our own right and over the 2 days this proved a huge success. During our time at the games, we tried to promote equality and diversity here in the Highlands. The general response was positive and that it was about time there was a visual presence representing our LGBT community. The stall was visited by many including Americans tourists, mostly from Dallas, who have taken away details of our social group to pass on to others who will be visiting the Highlands. We are planning on taking the stall to more events next year.

We would like to thank NHS resources and information department for supplying us with material promoting wellbeing and sexual health for all ages and sexualities. Along with a big thanks to members who supplied the stall.





## Highland LGBT Social Group



### EVENTS FOR AUGUST

#### COFFEE MORNING

Coffee morning this month is the 18<sup>th</sup> August and this month marks the start of slight change to our coffee mornings. Every month we are inviting a different organisation to come along, introduce themselves and meet our group. This month we welcome LGBT Youth Scotland who now support ALL ages and we hope to see as many members there as possible. These events help us raise funds for the group so come along and bring a friend!

#### SOCIAL GROUP NIGHT OUT

This month's social group night out is at Bar Pivo and is on the 21<sup>st</sup> August. We hope you come along and join us as it is a relaxed place to meet people. Just look for the table with the red hat on it and that's us! And again spread the word and bring your friends!

#### FILMS AT EDEN COURT

Eden court are screening one film this month from the London Lesbian and Gay film festival, which is;

ETERNAL SUMMER (AUG 23<sup>rd</sup>)

Phone bookings - 01463 234234

Website - [www.eden-court.co.uk](http://www.eden-court.co.uk)

#### DISCO

This month's Disco is on the 25<sup>th</sup> and will take place at Raigmore Recreation Hall from 8pm. There's no theme to this one, tickets £5 on the door, please come along, bring your friends and have fun.

PS Anyone with any ideas for a new, more modern name for our "Disco" please get in touch Urgently!!!





## Highland LGBT Social Group



### HOT NEWS

#### HIGHLAND PRIDE BALL 2007

TICKETS ARE NOW ON SALE!!!

Tickets for the ball, £17 each, can be purchased by sending a cheque, made payable to HIGHLAND LGBT SOCIAL GROUP. Please state the number of tickets you require and send to

LGBT Pride Ball  
Volunteering Highland  
1A Millburn Road  
Inverness  
IV2 3PX

You can reserve tickets by phone on 07972 503135 or on [www.gay-ness.org.uk](http://www.gay-ness.org.uk). Tickets will be reserved until payment is received at the above address, for a maximum 14 days. You can also purchase tickets at the Disco and Coffee morning.

### OTHER NEWS

#### DIRECTORY

On the back of this months directory is information on fundraising for the group. Alan Reeks has set up an easy, and free way for anyone who shops online to help raise funds for us. If you shop regularly at online sites such as Next, Ebay, Amazon, PLAY.com, HMV, Tesco, Boots and many, many more please visit [www.easyfundraising.org.uk/highlandlgbtsg](http://www.easyfundraising.org.uk/highlandlgbtsg).

If you register at this site, which is completely free of charge, and use the links to access the hundreds of online shops, they will each donate to the Social Group a percentage of anything up to 15% of your total shopping bill. It's that simple! We can all agree that this is a fantastic way to raise money. All you have to do is remember to access the shops via the above website and shop as normal.



VOLUNTEERING HIGHLAND  
The Gateway  
1A Millburn Road

[www.gay-ness.org.uk](http://www.gay-ness.org.uk)



## Highland LGBT Social Group



### PRIDE & PREJUDICE: THE DANCE OF OUR LESBIAN LIVES

The Findhorn Foundation are running a week long workshop on 20<sup>th</sup> to 27<sup>th</sup> of October 2007 and invite Lesbian and Bisexual woman to join in a week of self discovery and celebration. You can expect to be challenged, supported and affirmed as you create a new reality from the inside out. For more information please phone 01309 691653 or visit [www.findhorn.org](http://www.findhorn.org)

### THT

The Social Group Committee is pleased to inform all of its members that, following a meeting with Ailsa from THT here in Inverness, both parties have drawn a line under the problems that arose from the merger of Reach Out Highland and THT. We aim to work along side each other and to promote each others activities, including the message of good sexual health.

We all feel that this is the way forward for the whole community within the Highlands and Islands. We would like to thank Ailsa for accepting our invitation to come along to our committee meeting and helping us all resolve the situation.

### REMINDERS

The Social Group meeting is held on the 1<sup>st</sup> Tuesday of each month 7.30pm at Volunteering Highland, Milburn Road, opposite Morrisons. This is an opportunity to discuss upcoming events and new ideas from members in a relaxed atmosphere. We would like to see as many members there as possible.

GIRLZONE have 2 meetings every month where Lesbians and Bisexual woman of all ages can meet up. There is a lunch on the 1<sup>st</sup> Saturday of each month 1pm at Bar Pivo and every 3<sup>rd</sup> Friday of the month there is a meeting at Costa Coffee in Waterstones in the Eastgate centre at 12.30pm.

SWANS meet on the last Thursday of each month at 7pm at Volunteering Highland, Millburn Road. They are a user-lead trans-group for all people, whether male to female, or female to male, and all transvestites. For any information please contact Joanna on 07703 517936.





## Highland LGBT Social Group



### SEXUAL HEALTH

Sexual health is one of the areas we are trying to improve for everyone. The current statistics do not make good reading, not for any of us.

It is important for all of us to be aware and act responsibly when having any form of sex and that is not just for ourselves, but for the wellbeing of others too.

Never take a risk. It could be one risk too many and it could be you seeking help.

We now have two sexual health clinics here in Inverness that offer help and advice, These are as follows;

Highland Sexual Health tel 01463 704202

Terrence Higgins Trust tel 01463 711585

We would like to end this month's news letter by thanking you all for your support and hope you find this news letter helpful. Please remember this is your group, we are here to support everybody so please feel free to contribute and we hope to see you all at the upcoming events.

Take care.

